

CONLON CENTER

May 7 **Senior Luncheon @
Antun's 12noon– 4pm**

May 13 **Older American Act
Pre-Celebration**

UPCOMING EVENTS!

**Older American Forum at York College
June 4, 2010
8:30 am—12 noon**

HAPPY MOTHER'S DAY

CONLON

92-33 170th ST JAMAICA , NY 11433
PHONE: (718) 657-6540 FAX: (718) 523-7574

MAY 2010



Stephanie Zevon – Acting Director – Ext. 540
Brenda Jackson – Administrative Manager – Ext. 612

MAY 2010

CONLON SENIOR CENTER
92-33 170TH STREET, JAMAICA, NY 11433 (718) 657-6512

MON	TUE	WED	THU	FRI
3 ARTS & CRAFTS 9AM AEROBICS 1PM	4 2 STEP-AEROBICS 10AM BLOOD- PRESSURE 10AM GET TO KNOW YOUR NEIGHBOR 1 PM	5 ARTS & CRAFTS 9 AM. TRIP TO PATHMARK 10 AM. MOVIE 1 PM	6 LET'S MAKE WORDS 9:30 AM CURRENT AFFAIRS 1 PM	7 ARTS & CRAFTS 9 AM. BINGO 1 PM. TRIP TO PATHMARK 10 AM
10 ARTS & CRAFTS 9 AM AEROBICS 1 PM TRIP TO THE BANK & POST OFFICE 10 AM	11 STEP AEROBICS 9:30 AM. BLOOD PRESSURE 10 AM. GET TO KNOW YOUR NEIGHBOR 1 PM.	12 ARTS & CRAFTS 9 AM. MOVIE 1 PM	13 LETS MAKE WORDS 9:30 AM. CURRENT AFFAIRS 1 PM	14 ARTS & CRAFTS 9 AM. BINGO 1 PM.
17 ARTS & CRAFTS 9 AM. AEROBICS 1 PM.	18 STEP AEROBICS 9:30 AM. BLOOD PRESSURE 10 AM. GET TO KNOW YOUR NEIGHBOR 1 PM	19 ARTS & CRAFTS 9 AM. MOVIE 1 PM.	20 LETS MAKE WORDS 9:30 AM. CURRENT AFFAIRS 1 PM. TRIP TO 99 CENT STORE	21 ARTS & CRAFTS 9 AM. BINGO 1 PM. A.M.S. 2 PM
24 ARTS & CRAFTS 9AM AEROBICS 1 PM	25 STEP AEROBICS 9:30 AM. BLOOD PRESSURE 10 AM. GET TO KNOW YOUR NEIGHBOR 1 PM.	26 ARTS & CRAFTS 9 AM. MONTHLY BIRTHDAY CELEBRATION 1 PM	27 .LETS MAKE WORDS 9:30 AM. CURRENT AFFAIRS 1 PM.	28 ARTS & CRAFTS 9 AM. BINGO 1 PM.
31 CENTER IS CLOSED FOR MEMORIAL DAY				

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