

## FOSTER LAURIE DAILY SCHEDULE

|                     |           |               |                       |               |
|---------------------|-----------|---------------|-----------------------|---------------|
| Power Walking       | 8:15 am   | Mon—Fri       | Gym                   | Y. Canada     |
| Aerobics            | 9am       | Mon, Tue, Thu | Gym                   | C. Singh      |
| Ceramics            | 9am       | Tue, Thu      | Rm204                 | N. Byam       |
| Quilting            | 9am       | Mon, Wed      | Rm101                 | J. Brown      |
| Bid Whist           | 9am       | Thu           | Rm101                 | E. Smith      |
|                     |           |               |                       |               |
| Sewing              | 10am      | Tue           | Rm103                 | V. Alexander  |
| Knitting<br>Crochet | 10am      | Thu           | Rm103                 | V. Alexander  |
| Arts & Crafts       | 10am      | Fri           | Multi Purpose<br>Room | B. Jones      |
| Line Dance          | 10:30am   | Wed           | Gym                   | M. Jones      |
| Dominoes            | 9am & 1pm | Mon-Fri       | Sr. Room              | I. DeGrella   |
| Sing-A-Long         | 11am      | Mon           | Cafeteria             | D. Reid       |
| Bingo               | 1pm       | Mon-Fri       | Sr. Room              | M. Punch      |
| Pokeno              | 1pm       | Tue           | Sr. Room              | C. Washington |

### Special events

- May 5 A Broadway Show presented by STAR production 1pm \$5
- May 6 Mother's Day Lunch 12-2pm
- May 7 Spring Luncheon at Antuns 12-4pm \$50
- May 11 Healthy Living lecture by Jamaica Hospital 1pm
- May 12 Welcome The Roy Wilkins Dolphins 1pm
- May 14 Maxine Brown at The Brownstone 10am \$70
- May 17 Maxine Dinnall talks about the new soda tax
- May 18 VNS is bringing live entertainment and B/P screening 10am
- May 20 Celebrate May Birthday—cake & Ice cream for all 12pm

# MAY 2010

Atlantic City  
Showboat  
Casino \$35  
5/19/2010  
Call 718 468188  
x105

4/15/10  
Men's work-  
shop  
1-2pm



The soulful sounds of  
Maxine Brown &  
comic Marvin Brown  
an "Ace in the Hole  
Production  
May 14, 2010

5/13/10 1-2pm  
Round table discussion  
Topic "The Older  
American Act"

## FOSTER LAURIE ADULT CENTER

199-10 112th AVE

Hollis Queens NY #11412

718 468-1888 ex.102

Rosemary Vann - Center Director

Margaret Jackson - Program Coordinator

For all trips call 718 468-1888 x105

Senior Program Partially Funded by DFTA  
The New York City Department for the Aging

# MAY 2010

BREAKFAST 9-10 AM  
LUNCH 12-1PM  
DAILY TRANSPORTATION PROVIDED

## FOSTER LAURIE SENIOR CENTER

199-10 112TH AVE., HOLLIS, NY 11412  
ROSEMARY VANN, CENTER DIRECTOR, MARGARET JACKSON, PROGRAM COORDINATOR

FOSTER LAURIE

| MON   | TUE  | WED  | THU   | FRI   |
|---|--|--|---|---|
| <p><b>3) Power walking</b><br/><b>Aerobics</b><br/><b>Choral group</b><br/><b>Bingo, Dominoes</b></p>  | <p><b>4) Power walking</b><br/><b>Aerobics</b><br/><b>Choral group</b><br/><b>Bingo, Dominoes</b></p>   | <p><b>5) Quilting</b><br/><b>Line Dance</b><br/><b>Broadway Play by STAR</b><br/><b>Production 1pm \$5</b></p>   | <p><b>6) Aerobics</b><br/><b>Bid Whist</b><br/><b>Crochet/Kitting</b><br/><b>Ceramics</b><br/><b>Mother's Day Lunch 12pm</b></p>  | <p><b>7) Arts &amp; Craft</b><br/><b>Charade</b><br/><b>Bingo</b><br/><b>Spring Luncheon at</b><br/><b>Antuns 12-4pm \$50</b></p>   |
| <p><b>10) Power walking</b><br/><b>Aerobics</b><br/><b>Choral group</b><br/><b>Bingo, Dominoes</b></p>  | <p><b>11) Power walking</b><br/><b>Aerobics</b><br/><b>Choral group</b><br/><b>Bingo, Dominoes</b></p>  | <p><b>12) Quilting</b><br/><b>Line Dance</b><br/><b>Roy Wilkins Dolphins</b><br/><b>Celebrating Mothers</b><br/><b>1-2 \$1 donation</b></p>  | <p><b>13) Aerobics</b><br/><b>Bid Whist</b><br/><b>Crochet/Kitting</b><br/><b>Ceramics</b><br/><b>Men's Work shop 1-2pm</b></p>  | <p><b>14) Arts &amp; Craft</b><br/><b>Charade</b><br/><b>Bingo</b></p>   |
| <p><b>17) Power walking</b><br/><b>Aerobics</b><br/><b>Choral group</b><br/><b>Bingo, Dominoes</b><br/><b>1199 Health Care Pro-</b><br/><b>ject 10:30 am</b></p>                        | <p><b>18) Power walking</b><br/><b>Aerobics</b><br/><b>Ceramics</b><br/><b>Pokeno</b><br/><b>Sewing</b><br/><b>Live entertainment 10am</b><br/><b>B/P screening 11am</b></p>             | <p><b>19) Quilting</b><br/><b>Line Dance</b><br/><b>Bingo</b><br/><b>Dominoes</b><br/><b>AC Trip "Show Boat:" \$35</b></p>  | <p><b>20) Aerobics</b><br/><b>Bid Whist</b><br/><b>Crochet/Kitting</b><br/><b>Ceramics</b><br/><b>preparation</b></p>            | <p><b>21) Arts &amp; Craft</b><br/><b>Charade</b><br/><b>Bingo</b><br/><b>Advisory Board</b><br/><b>Meeting 10am</b></p>  |
| <p><b>24) Power walking</b><br/><b>Aerobics</b><br/><b>Choral Group</b><br/><b>Bingo, Dominoes</b></p>  | <p><b>25) Power walking</b><br/><b>Aerobics</b><br/><b>Ceramics</b><br/><b>Pokeno</b><br/><b>Sewing</b><br/><b>General Meeting 12pm</b></p>  | <p><b>26) Quilting</b><br/><b>Line Dance</b><br/><b>Bingo</b><br/><b>Dominoes</b></p>                                     | <p><b>27) Aerobics</b><br/><b>Bid Whist</b><br/><b>Crochet/Kitting</b><br/><b>Ceramics</b><br/><b>Birthday Party</b></p>       | <p><b>28) Arts &amp; Craft</b><br/><b>Charade</b><br/><b>Bingo</b></p>  |
| <p><b>31) MEMORIAL DAY</b></p>   |  |  |   |   |