

## SPECIAL EVENTS FOR THIS MONTH

MON	TUE	WED	THURS	FRI
3	4 TOMMY EXP. \$2.00 DONATION 8 AM.	5 MOTHERS DAY PROGRAM @ 1 PM.	6	7 THE TOMMY EXPERIENCE 8 AM. BLOOD PRES- SURE SCREENING 10 AM.
10	11 TOMMY EXP. \$2.00 DONATION 8 AM. ANGELA BAR- BER R.N.	12 TRIP TO ACE IN THE HOLE BUS LEAVES 9 AM.	13 OLDER AMERI- CANS ACT TITLE I, II, III 12:30 PM. - 3 PM.	14 THE TOMMY EXPERIENCE 8 AM.  NUTRITION LEC-
17  DEFENSIVE DRIV- ING COURSE 1 PM.	18 TOMMY EXP. \$2.00 DONATION 8 AM.	19	20 SINGING GROUP THE " DAY-HAB PLAY- ERS"	21 THE TOMMY EXPERIENCE 8 AM.
24	25 TOMMY EXP. \$2.00 DONATION 8 AM.	26 APRIL / MAY BIRTHDAY PARTY. 1 PM.	27 A.C. TRIP 9 AM.	28 THE TOMMY EXPERIENCE 8 AM.
31 CENTER IS CLOSED FOR MEMORIAL DAY				

JAMAICA SERVICE PROGRAM FOR OLDER ADULTS

# Rockaway

THE ROCKAWAY BLVD. SENIOR CENTER  
123-10 143RD ST. JAMAICA, NY 11436  
PHONE: (718) 657-6752 FAX: (718) 322-4399  
FUNDED BY THE NYC DEPT. OF AGING

## MAY 2010





MS. PAT BISHOP – DIRECTOR  
RICHARD SCHNEIDERMAN – PROGRAM COORDINATOR

# MAY 2010

SINGING GROUP  
"DAY-HAB  
PLAYERS"  
@ 11 AM. MAY 20TH

THE ROCKAWAY BLVD. SENIOR CENTER  
123-10 143RD STREET  
JAMAICA NY 11436  
1(718)657-6500

SENIOR LUNCHEON  
@ ANTUN'S  
MAY 7TH  
@ 12 PM.

Mon		Tue		Wed		Thu		Fri	
3 am.	Walking Club 8  Yoga 10  am.	4 am.	Exercise 10  Crochet/Knit 10 am. Rockaway Pearls 11 am.	5 am.	Line Dance 9:30  Ceramics/Quilting 10 am. Bid Whist 10 am.	6 am.	Walking 8  Tai Chi Stretch 8 am. Art Class 10 am. Sewing Class 10 am. African Dance 10:30 am	7	Blood Pressure 10 am  Crafters 10 am Bid Whist. Group 11 am Pictionary 11am Wii Games . 1 pm.
10 am.	Walking Club 8  Yoga 10  am.	11 am.	Exercise 10  Crochet/Knit 10 am. Rockaway Pearls 11 am.	12 am.	Line Dance 9:30  Ceramics/Quilting 10 am. Bid Whist 10 am.	13 am.	Walking 8  Tai Chi Stretch 8 am. Art Class 10 am. Sewing Class 10 am.	14	Blood Pressure 10 am  Crafters 10 am Bid Whist. Group 11 am Pictionary 11am
17 am.	Walking Club 8  Yoga 10  am.	18 am.	Exercise 10  Crochet/Knit 10 am. Rockaway Pearls 11 am.	19 am.	Line Dance 9:30  Ceramics/Quilting 10 am. Bid Whist 10 am.	20 am.	Walking 8  Tai Chi Stretch 8 am. Art Class 10 am. Sewing Class 10 am.	21	Blood Pressure 10 am  Crafters 10 am Bid Whist. Group 11 am Pictionary 11am
24 am.	Walking Club 8  Yoga 10  am.	25 am.	Exercise 10  Crochet/Knit 10 am. Rockaway Pearls 11 am.	26 am.	Line Dance 9:30  Ceramics/Quilting 10 am. Bid Whist 10 am.	27 am.	Walking 8  Tai Chi Stretch 8 am. Art Class 10 am. Sewing Class 10 am. African Dance 10:30 am	28	Blood Pressure 10 am  Crafters 10 am Bid Whist. Group 11 am Pictionary 11am Wii Games . 1 pm.
31 am.	Walking Club 8  Yoga 10  am.  Crochet/Knit 10 am.	 <p>KIWANIS CLUB MEETS EVERY THURSDAY @ 10 AM..</p>		 <p>GENERATIONS ON-LINE 10AM. - 2PM. TUES . &amp; THURS . W / NAIM RAZA</p>					

ROCKAWAY BLVD.