

APRIL 2019

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6 RESPITE SUPPORT GROUP 11:00AM
7	8	9	10	11 KINGS' SUPPORT GROUP 4:00PM	12	13 EAT & RETREAT SUPPORT GROUP 11:00AM
14	15	16	17	18	19	20
21	22	23	24	25	26	27 SUPERWOMAN SUPPORT GROUP 11:30AM
28	29	30	Notes:			



**Jamaica Service Program
For Older Adults**

April 2019 | JSPOA's Caregiver Calendar of Events

“Easter is meant to be a symbol of hope, renewal, and new life”.

Respite Support Group

Friendship Center

92-33 170th Street

Jamaica, NY 11433

11:00AM

King's Support Group

For Male caregivers only.

Theodora G. Jackson center

92-47 165th Street

Jamaica, NY 11433

4:00PM

EAT N RETREAT Support Group

Enjoy a meal and a chat with other caregivers.

Olive Garden

610 W Sunrise Hwy, Valley Stream,

NY 11581

11:00AM

Superwoman Support Group

For Female Caregivers only.

This group features a brief exercise class so please wear sneakers.

Friendship Center

92-33 170th Street

Jamaica, NY 11433

11:30AM

This program is funded in part by New York State Department of Health “Alzheimer's Disease Caregiver Support Initiative for Underserved Communities” and NYSOFA.